



EXODUS part 1: Set Free

ENSLAVED

Pastor Derek

October 18, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Choose a few words or phrases that come to mind with the word “Freedom”. How do those words resonate with you?

GROW: *Engage with God’s word, one another, and the Dream Disciple tools and practices.*

Questions:

- Summarize [Exodus 1](#) and [Exodus 2](#). What is happening in this part of the story?
- Derek points out that Exodus is a continuation of a story. So also, our spiritual history is a continuation for us. (See [2 Timothy 1:5](#)). What is your spiritual history (good or bad) and how is it impacting you today?
- Three counterfeits we turn to when we lose track of who we are: Performance, Power, and Distance. How do we see these in the life of Moses? How do you see them in your life? Which one do you gravitate towards?
- Freedom comes when we embrace God calling us his own. Read [Isaiah 43:1](#), [Romans 8:15-16](#), [Galatians 4:4-7](#), and [Revelation 2:17](#). What do these verses tell you about your identity?
- How does embracing these truths impact your day-to-day life?
- What does your name mean (use Google!)? Does this reflect any part of your identity in Christ? Why or why not?
- What is one word about who God says you are that you need to cling to in this season?

GO: *Put your learning into practice and hold one another accountable.*

What is God saying to you?

What are you going to do about it?

“I will...”



EXODUS part 1: Set Free

CALLED

Pastor Derek

October 25, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

Open in prayer asking God to give you all his eyes to see and the Spirit to make you curious. Discuss what it might feel like to be called directly by God (Burning bush). How might that manifest itself in your lives?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Read [Exodus 3:1-4:17](#)

Discussion:

- What was Moses' response when he saw something completely out of place?
- Does God still speak like this?
- What would it take to be curious about people God might want to reach around you?
- What might hold you back from seeing the burning bush and turning aside to see?

Reflect on these two questions individually, then share with the group.

- What has God given me? (experiences, skills, abilities, gifts, resources, etc.)
- Where has God placed me? (live, work, learn, play)

Tool/Practice: If you want to go a little deeper in the above questions, check out the Embedded Influencer, [My Impact Tool](#). Encourage your group to work through the directions and share with each other.

GO: *Put your learning into practice and hold one another accountable.*

What is God saying to you?

What are you going to do about it? "I will..."



EXODUS part 1: Set Free

RESISTED

Pastor Derek

November 1, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Share about a hobby or skill you enjoy today that initially required a lot of time and practice before it became truly rewarding. What made you keep trying?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Read Exodus [4:21-26](#) and [Genesis 17:9-14](#); [Hebrews 12:4-13](#) and [James 4:17](#).

- Why do think it was important for Moses' son to be circumcised before Moses stepped into leadership of God's people? How does the interaction at the lodging place demonstrate both justice and mercy?
- When have you delayed obedience to God's direction about something in your life? What effect did that have on your relationship with Him and your ability to move forward?

Read [Exodus 5:1-2](#), [6-9](#) and [19-21](#). Read [1 Peter 4:12-13](#) and [1 Peter 2:21-24](#).

- What do you think the people expected to happen when Moses and Aaron first spoke with Pharaoh? What do you think Moses expected? Why were the foremen really upset?
- What did it cost Moses to obey God in this situation?
- When has following God's lead cost you something? How can these passages help us resist the temptation to back down, turn back or second guess ourselves and/or God when an act of obedience does not produce the result we expect?

Read Exodus [5:22-23](#), [Exodus 6:1-2](#), and [Psalm 13](#)

- How would you describe Moses' conversation with God in this section? What kind of perspective shift needed to occur in Moses for him to continue obeying God's instructions in the face of opposition? How does Psalm 13 model a similar interaction?
- How open and honest are you with God when facing difficult or confusing situations?

Read [Exodus 6:9-13](#) and [Isaiah 43:1-2](#).

- Why didn't the Israelites listen to Moses in Exodus 6? What impact did their response have on Moses? When have you found yourself unwilling or unable to truly listen to God's guidance? What brought you to that place? How were you (or would you) be able to move beyond it?



- What does Isaiah 43 teach/remind us about God's relationship with His people? Verse 2 uses the word 'when,' not 'if,' in regard to His people facing waters, rivers and fire. How can this understanding help us trust God through seasons of trial and resistance?

Tool/Practice: A **Savy Follower** discerns God's voice and follows His lead at the right time, in the right way – even when obedience seems to make things worse. Sitting with God's word regularly equips us to do this. Practice asking four questions of each passage you sit with, to help deepen your understanding.

1. Who is God in this passage? What does this show me about His character? 2. What is God doing? 3. Who are we? What does this say about my identity as God's child? 4. What will I do about it?

GO: *Put your learning into practice and hold one another accountable.*

- Derek challenged each of us to name one thing God has asked us to do that has cost us something but produced nothing - yet. Did you write it down? If not, do so now and share it with one other person who can help you stay faithful when things don't go the way you expect.
- What is God saying to you? What are you going to do about it? "I will..."



EXODUS part 1: Set Free CONFRONTED

Pastor Derek
November 8, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- How do you describe yourself to someone the first time you meet?
- How do you further describe yourself to that same person the next time/s you meet?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Consider the first 3 plagues ([Exodus 7:14-8:19](#)) and Derek's summation as it relates to Pharaoh only yielding to his own authority:

- How does Jesus define his own authority in [Matt 9:6](#), [28:18-20](#), [John 8:34-36](#)?
- Which daily practices or religious patterns have you constructed to maintain your authority?
- How does the way you describe yourself reflect how you see God's grace and mercy and authority at work in your life?

Derek explained how the next 3 plagues ([Exodus 8:20-9:12](#)) relate to being on the wrong side of God.

- How do these stories show what it looks like to be on the wrong side of God: [Luke 6:46-49](#), [Rev 3:16](#) and also the hope offered in [Matt 13:15](#) and [John 3:16-17](#)?
- Share a time when you noticed someone on the wrong side of God and how did you respond to this person?

Considering the next plagues (hail, locust and darkness in [Exodus 9:13-10:23](#)):

- Describe a time when you felt numb to God and what happened to turn your heart away from or back to Him?

Lastly Derek discusses the use of conditions placed on our obedience

- How does the story of the rich young man in [Matt 19:16-22](#) place a condition on obedience?
- What is a condition you placed on your obedience to God? How did that impact your relationship with him?



GO: *Put your learning into practice and hold one another accountable.*

Write and say your compromise in Pharaoh's words, "Yes God, but not ____." Ask the Holy Spirit for understanding concerning it. Commit: "I will make one attempt to bring my heart in alignment with God."



EXODUS part 1: Set Free REDEEMED

Pastor Derek
November 15, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Share a story of sacrifice. How has someone sacrificed for you or how have you sacrificed for someone else? How do you feel about that sacrifice?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

-Read Exodus 11:4-8. God gives a clear warning of what will happen. How did Moses respond? How do you think Pharaoh responded? God still gives us clear warnings in His word. Read John 3:17-19. How do most people react to God's warnings today?

-Read Exodus 12:1-13 and try to picture the scene as you read. What sights and smells would there be as they prepared for this first Passover? Read Hebrews 9:19-22. Why does God require blood to be shed for forgiveness? Our celebration of communion is a memorial of Jesus' blood shed to redeem us just as Passover was a memorial of God's redemption. How can you prepare to celebrate communion? How does thinking about what Jesus did on the cross change the way you live?

-Read Revelation 12:10-11. How does remembering that Jesus is the ultimate Passover Lamb who paid everything for us on the cross help us overcome the doubts and accusations Satan throws at us?

Compassionate Storyteller: I know God's story, my place in it, and I am motivated to tell the people in my life.

-The Passover was both the act of redemption AND a memorial to be shared and remembered. Share with someone this week the story of how God redeemed you—either your salvation story or a way He's redeemed you from some habit or wrong thought patterns.

GO: *Put your learning into practice and hold one another accountable.*

What is God saying to you? What are you going to do about it? "I will..."





EXODUS part 1: Set Free

DELIVERED

Pastor Sarah

November 22, 2026

Life Group Discussion- Bonus Idea! Watch a clip of the 1956 Charleton Heston epic movie together!

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Share a deliverance favorite story of someone who was set free in dramatic fashion (novel, movie, biography, personal experience). What makes that story compelling enough to share?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Engage with the narrative genre by immersing yourselves in the story of Exodus 14:1-29. Do this by dividing the group into different perspectives: Pharaoh, Moses, God, Israelites, Miriam. Taking everything we have learned so far, listen/read this part of the story from their unique perspective.

- Read [Exodus 14:1-29](#) out loud for everyone. (Divide the reading among the members.)
- Ask everyone to read it on their own.
- Questions for reflection:
 - o What does my character say and do?
 - o How does my character view the words and actions of the other characters?
 - o What is my character experiencing, feeling, seeing?
- Group Discussion:
 - o Did you "see" something new in the story by reading it from that unique perspective?
 - o What surprised you? Moved you? Confused you?
 - o What did you learn about the characters? What did you learn about God?
 - o How does this help us understand the story?
- "Knowing God, not knowing more, is the goal." -Richard Rohr

Compassionate Storyteller: I know God's story, my place in it, and I am motivated to tell the people in my life.

- This story of deliverance became a foundational story for the people of God. They remembered it. They celebrated it. They sang about it. Jesus came as the ultimate fulfillment of it.
- Read [Exodus 15:1-21](#). What stands out to you in Moses' and Miriam's songs of deliverance?
- Reflect: What is your deliverance story? Do you remember it? Celebrate it? Share it?

GO: *Put your learning into practice and hold one another accountable.*

- What is God saying to you? What are you going to do about it? ["I will..."]



EXODUS part 1: Set Free

PROVIDED FOR

Pastor Sarah

November 29, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Share about a time God provided for you in an unexpected way.
- Share about a time you needed to ask others for help. How did that make you feel? What made it difficult (or easy)?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Read [Exodus 15:22-26](#) and [Exodus 7:14-24](#).

- What do the people need in the Exodus 15 passage? What does the Lord provide? What do you find interesting about *how* He provides it?
- What parallels do you see between Exodus 15 and Exodus 7? What role does obedience play in each?
- Why do you think God let the Israelites get thirsty before giving them water? Beyond providing for their physical need, what else does God give them here?
- When has God allowed you to become 'thirsty' before providing something you needed? What deeper understanding did you gain from that experience?

Read [Exodus 16:2-21](#).

- What do the Israelites need in this passage? What does the Lord provide? What do you find interesting about *how* He provides it? What does this teach us about His ability to provide?
- What is God trying to teach His people through this experience? What role does obedience play? What aspect(s) of God's character is revealed through the details?
- When have you found yourself grumbling instead of trusting God to provide? How can the lessons found here change your perspective on how God cares for you?

Read [Exodus 17:8-13](#).

- What do the Israelites need in this passage? What does Moses need? What does the Lord provide? What do you find interesting about *how* He provides it??
- What is God trying to teach His people through this experience? What role does obedience play? Why are these lessons important for us today?



GO: *Put your learning into practice and hold one another accountable.*

- Set aside time this week to reflect on [Luke 4:1-12](#). Jesus himself was led into the wilderness for a time of testing and training. Whether you are in a wilderness season right now, or have been through one in the past, ask God to show you the deeper lessons he has for you as you trust Him to provide all you need.
- What is God saying to you? What are you going to do about it?
“I will...”