



5 QUESTIONS FROM JESUS: Who do you say that I am?

Pastor Derek

March 1, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Are you doing anything for Lent? How do you hope it will grow your faith?
- Briefly describe a time when you realized that YOU decided to explore what faith was, not just what others told you. What prompted that shift?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Questions:

- Read [Matthew 16:13-19](#). What stuck out to you from the sermon?
- Derek explained that Jesus was asking, "Is Jesus the ONLY ONE worth following?". Read [John 14:6](#); [Acts 4:11-12](#); [1 Timothy 2:5](#); [John 3:36](#); [Romans 10:9](#). These verses say that Jesus is the only one. When did you realize this was true for you?
- If you look at your life honestly, is there anything (or anyone) else that you are following?
- What verses can you think of that support the declaration that Jesus is building his church? (if no one has any, look at a few of these: [Ephesians 2:19-21](#); [Ephesians 4:15-16](#); [1 Corinthians 2:1-5](#); [1 Corinthians 3:6-7](#); [Ezekiel 36:26](#); [Philippians 1:6](#); [Philippians 2:12-13](#))
- How does it make you feel knowing that Jesus entrusts his mission to you? Reflecting on the fact that Jesus is building his church, does it change anything to your previous answer?

Tool/Practice: One of the next steps from the sermon is to write out your own answer to Jesus' question, "Who do you say that I am?". Encourage your group to take it a little deeper by exploring the [My Story tool](#). Give everyone a few moments to write out their story. If there's time, ask a few people to share and practice with the group. Pray for opportunities to share your story this week.

GO: *Put your learning into practice and hold one another accountable.*

What is God saying to you? Who will you share your story with this week?

What are you going to do about it?

"I will..."



LENT: Visit whoisgrace.com/read to find the I AM Jesus reading plans for Lent! These will also be featured on the YouVersion app for those who have Grace Church set as “my church.”



5 QUESTIONS FROM JESUS: What good will it be for someone to gain the whole world, yet forfeit their soul?

Pastor Sarah

March 8, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- What/Who are you working hard for right now? What is your motivation to work hard? Do you find a sense of satisfaction, fulfillment, or purpose in this hard work?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Read [Matthew 16:21-27](#) and [John 12:20-26](#).

- Compare and contrast these two scenes from the gospels.
 - o Observe: Who is present? What happened before this conversation?
 - o How does Jesus describe his role? How does Jesus describe the call of his followers?
- How did Jesus model a "death-to-self" life? What is the fruit of His life?

Read [Galatians 2:20](#) and [Philippians 1:20-22](#). Paul picks up on this theme of death-to-self.

- Contrast "I no longer live" and "to live is Christ and to die is gain" with the popular understanding of the American Dream. How do Paul's example and Christ's call differ from our understanding of living "the good life"?

PRAY: Meditate on the question Jesus asked: "*What good will it be for me to gain the whole world, yet forfeit my soul?*" Then spend some time in prayer- journaling is encouraged!

- **Praise** your Savior, Jesus Christ, for He has saved your soul.
- **Repent** of your selfish desire for gain. Repent of the compromises you've made to chase success or comfort. Repent of trying to control your life and the outcomes of your work.
- **Ask** the Holy Spirit for wisdom as you let go of your life and seek to live like Christ.
- **Yield** to the Spirit and invite God to speak to your heart. Listen for his voice!

GO: *Put your learning into practice and hold one another accountable.*

In *Renovation of the Heart*, Dallas Willard writes, "We don't believe something by merely saying we believe it, or even when we believe that we believe it. We believe something when we act as if it were true."

What would it look like for you to act like Matthew 16:25-26 was the truest thing about your life? What is God saying to you? What are you going to do about it? ["I will..."]



5 QUESTIONS FROM JESUS: Why do you call me, 'Lord, Lord,' and do not do what I say?
 Pastor Scott
 March 15, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Recall and share a time when you saw a friend act honorably, and you complimented them on it. How did they respond?
- Share how you felt when a friend gave you an automatic response or inauthentic praise.

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

- Read [Luke 6:46](#): how do you think those people responded to Jesus' criticism of religious fervor, phony respect, lack of obedience, and judgment?
- Read [Luke 6:47-48](#): how do you respond to the direction Jesus provided here on how to follow him? (pursue him, listen and follow him, lay a sturdy foundation, etc)
- What is the difference between agreement and obedience?
- Share one area from the list below where you have been operating in agreement with Jesus rather than obedience.
 - o Why have you been resisting obedience?
 - o Are you willing to change? What can the group do to support you?

Finances	Prayer
Forgiveness	Spiritual Warfare
Church attendance	Community
Bible reading	Evangelism
Time Management	

GO: *Put your learning into practice and hold one another accountable.*

Some suggestions:

- I will take one step toward interacting authentically with another person this week.
- I will make evaluation and confession (acknowledge and surrender) part of my daily prayer.



5 QUESTIONS FROM JESUS: Do you love me?

Pastor Sarah

March 22, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

- Have you ever had to ask forgiveness from someone? How did that make you feel? How did you feel when someone asked for your forgiveness?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

Read [John 21:15-19](#) , [Matthew 26:69-75](#) and [John 14:15](#)

- Why does Jesus ask Peter the same question three times? Do you think Jesus didn't know if Peter loved him?
- Put yourself in Peter's shoes. What would you have been thinking?
- How do the verses in John contrast with the verses in Matthew?
- What do you think Jesus' goal is in this interaction? Verse 19 says, "follow me".
- How can we show our love for Jesus?

GO: *Put your learning into practice and hold one another accountable.*

What is God saying to you?

Do you love Him? With your whole heart? Soul? Mind? Strength?

How will you love your neighbor?

What are you going to do about it?

"I will..."



5 QUESTIONS FROM JESUS: My God, My God, why have you forsaken me?

Pastor Derek

March 29, 2026

Life Group Discussion

CONNECT: *Make time for encouragement, relationship-building, and prayer.*

We are going to take time to pray for each other. Our prayer will be based on our answers to this question: What are the situations in your life that are weighing heavy on your soul and may be impacting your view of God and/or your relationship with Him?

GROW: *Engage with God's word, one another, and the Dream Disciple tools and practices.*

- Read [Matthew 27:45-50](#) - Up to this point in the trial and crucifixion of Jesus: Jesus, along with being rejected and ridiculed, has received 39 lashes, been pierced with a crown of thorns, and nailed to a cross. Yet there has been no sign of questioning God. He has not expressed feeling forsaken until now. What is happening in this moment that caused Jesus to cry out with this question? ([2 Corinthians 5:21](#), [Galatians 3:13](#), [Hebrews 5:7](#), [Isaiah 53:4-6](#))
- What could be the meaning of the darkness over the land? (Helpful passages: [Exodus 10:21](#), [Isaiah 8:22](#), [Psalm 18:6-18](#))
- When Jesus quoted the first verse of Psalm 22, he was drawing attention to the whole Psalm. Read these passages from Psalm 22. Explain how each one came true in the crucifixion of Jesus. [Psalm 22:1-2, 6-8, 14-18, 22-24, and 27-31](#).
- It's not uncommon to hear people say, "You're not supposed to question God." What do you think of that statement? How does this question by Jesus affect your view?
- Do you relate to the question, "My God, my God why have you forsaken me?" What are similar questions that you have asked?
- In times of hardship and suffering when we may feel like God is not with us or we feel confused by what God is doing, what are the temptations? What are the conclusions that Satan would be wanting us to make?

Tool/Practice: Dream Disciple role - Savvy Follower. Based on the example of Jesus, try to formulate advice for times when we feel forsaken by God. Starter sentence: "The way forward when I feel forsaken



by God is..." Try to come with 3 or so steps. (Read [Hebrews 4:15-16](#) - Your answers do not have to be based on this passage, but you may find inspiration here.)

GO: *Put your learning into practice and hold one another accountable.*

What is God saying to you?

What are you going to do about it?

"I will..."