

I AM JESUS: The Bread of Life

DAY 1 THE BREAD OF LIFE

Scripture: John 6:1-71

Reflection:

Quickly read John chapter 6 and notice the location: crowded mountainside at dinnertime (vs 1-14), a quiet mountain moment (15), crossing the Sea of Galilee (16-21), Capernaum (24-70). Jesus, his disciples, and the crowds covered a lot of ground!

The remote mountain location of this story meant that the crowd's problem- hunger- would not be easily solved. Perhaps Jesus planned it this way! The stage is set for a miracle, and Jesus supernaturally provides for the large crowd. And it wasn't just enough, He provided far beyond what was needed!

It is no wonder that the crowd tracked him down the next day. For most of them, "daily bread" was the focus of their daily lives. To put food on the table was literally "all in a day's work." A free meal was a big deal, so if Jesus was going to repeat this miracle, they wanted to be there!

This story echoes the story of the Israelites in the wilderness after the Exodus. God miraculously rescued them, then He miraculously fed them, day after day, for many years. The heart of God is to provide generously for His people. Jesus is the living embodiment of God's provision. He is better than manna in the wilderness. He is the Bread of Life.

The crowds in this story had a hard time thinking beyond their hungry bellies. They struggled to understand who Jesus truly was. But Peter was listening and learning...

"You do not want to leave too, do you?" Jesus asked the Twelve.

Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life. We have come to believe and to know that you are the Holy One of God." (John 6:67-69, NIV).

Ask Yourself:

- When following Jesus is hard, are you tempted to walk away? How do Peter's words strengthen your faith?
- What does it mean to you that Jesus is the Bread of Life? Where do you need his provision in your life?

Pause to Pray: *Jesus, please help me to look beyond the seemingly important physical aspects of life and focus on You, who satisfies my spiritual need. I trust You will also provide for any physical needs and help me to fulfill my responsibilities... Amen.*

Take a Next Step:

- Invite someone to join you in this reading plan!
- Consider making a "Truth" list in your journal, to which you will add a word or two about each I AM statement as you read and learn.

DAY 2 PROVISION

Scripture: John 6:25-40; Psalm 23; [Luke 12:22-31](#)

Reflection:

Though the crowd in this story lived 2,000 years ago, and their society, culture, situations, and even means of travel were very different from ours, still many of their needs and wants are not unlike ours: food, shelter, emotional health, security, the need to be loved, comfort, prosperity, ease of life, fulfilling relationships, etc. The reality then and now is that none of these will last: food spoils, sofas sag, relationships fail, and we make mistakes. More importantly, there is nothing we can do in and of ourselves to earn God's favor or salvation, and, of course, we will all die one day.

Jesus met their physical need, providing bread in abundance. Then He graciously shared with them what they were really missing - to believe in Him as Savior, the Bread of Life who satisfies for eternity.

It is so easy to set our standards so low and to make life so complicated, yet Jesus' standards are high while remaining simple. The key to a fulfilling life is simply to believe who Jesus said He is, the Son of God, the Bread of Life, who provides in good times and bad.

Job suffered great tragedy, yet he trusted God, *"yet will I hope in Him... indeed, this will turn out for my deliverance"* (Job 13:15-16, NIV).

The psalmist reminds us that the presence and provision of God are with us even when we *"walk through the valley of the shadow of death"* (Psalm 23:4).

And Jesus himself reminds us that we should not worry, for if he *"clothes the grass of the field,"* we can trust him to provide abundantly for us. He redirects our attention from worry, needs, and wants to things that are greater: *"But seek his kingdom, and these things will be given to you as well"* (Luke 12:32, NIV).

Ask Yourself:

- What do you need most right now? What do you *want*?
- How has God provided for you in the past? Are you trusting Him to provide for you now?
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Pause to Pray: Use Psalm 23 to thank the Lord for his provision and protection. Ask him to provide green pastures and quiet waters...

Take a Next Step:

- Trade a want for a need: instead of online shopping for 15 minutes, give those 15 minutes to meditating on Jesus as your Bread of Life.

DAY 3 "DON'T BE AFRAID"

Scripture: John 6:16-21; Psalm 34:4; Isaiah 41:10; 2 Timothy 1:7

Reflection:

At the beginning of Luke 6, Jesus feeds an extraordinary number of people with five small barley loaves and two small fish. That huge crowd shows up again at the end of Luke 6, looking for more food, but finding only Jesus, declaring, "I am the Bread of Life." So many walked away...

In the middle of the story, it is just the disciples in a boat. Until Jesus shows up. In the night. Out of the darkness. Walking on the water! At every turn, Jesus is extraordinary!

Put yourself in the disciples' sandals: overwhelmed by the events of the day, wondering when Jesus will catch back up with you, ready to lie down and rest. In the darkness, something moves, and you're afraid. Until you hear his voice,

"It is I; don't be afraid." (John 6:20, NIV)

Where is there darkness in your life right now? Are you looking for Jesus? He is there! And He brings peace and provision. He is the Bread of *Life*, and He calms all your fears, worries, and anxieties.

Pause to Pray: Use breath prayers- inhale and exhale deeply as you pray, *"Jesus, You are with me. Jesus, you are the Bread of Life. Jesus, you calm my fears... Amen."*

Take a Next Step:

- By some counts, there are 365 scriptures that speak against fear. Search for a few and highlight them. When you feel fear or anxiety, read a verse and remind yourself that Jesus is the Bread of Life. He will provide.
- Pray for a friend who is anxious or afraid.

DAY 4 CONTENTMENT

Scripture: John 6:26-27, 35, 58; Philippians 4:11-13

Reflection:

To know Jesus as the Bread of Life is to be satisfied, to find daily contentment in his provision. Paul learned this contentment. Over years of following Jesus, he discovered that he could be content in any circumstance. His life was filled with real hardship, difficult people, dangerous encounters, food and shelter insecurities, and great persecution.

Yet his response was *"I can do all this through Him who gives me strength"* (Philippians 4:13, NIV). It was not just a motto or a cliché; it was the truth. Jesus was the foundation upon which life unfolded. Paul was not some movie star or superhero; he was an ordinary man who loved Jesus. All believers are called to the same - placing Jesus as the foundation of all life. Of course, we hope our troubles are not like Paul's. Understandably, we question whether we could endure. But the problem is in the word 'could'. Without Jesus, we couldn't! But with the presence and Spirit of our risen Lord and Savior, we can! He is the Bread of Life, providing what Paul and each of us needs for each day.

Ask Yourself:

- What do you think daily contentment looks like on good days and hard days?
- Examine your life: in what areas are you living with chronic discontent?

Pause to Pray: *Search me, Jesus; You know my heart. Try me and know the thoughts I am dealing with today. Help me to learn from Paul's example and lead me to contentment in You. I know You will always be with me... Amen.*

Take a Next Step:

- Write down the sources of your discontent, and next to the list write, "Jesus is the Bread of Life." Look at those statements side by side and ask the Spirit to increase your faith, trust, and contentment.
- Do you know a Christian who lives with contentment? Consider asking them to share what they have learned!

DAY 5 PRAYER

Scripture: John 6:15; Luke 5:16, 6:12; Matthew 6:9-13

Reflection:

Prayer, at its simplest, is our direct communication with God. It is not where we bargain with Him, nor is it where we talk with him so that we will receive something in return. Instead, prayer is relational. Prayer can be out loud, written, or a conversation in the heart. Prayer is about speaking and listening. Sometimes prayers are long, and others are short. Whatever it looks like, prayer fuels the most important relationship we have.

Jesus, the second person of the Trinity, demonstrated for us what unity and relationship looks like. He often withdrew to quiet places so that he could spend time with God in prayer. As his followers, we must learn to do the same. One day, his disciples were curious to learn more about prayer, so they asked! And Jesus gave them a 'how to' lesson:

"Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one."

(Matthew 6:9-13, NIV)

This prayer reveals that God is our Father: we are in relationship with him as children. God is our sovereign Ruler: we submit to his ways and repent of our self-sufficiency. God is our Provider: we can trust Him to meet our needs.

Ask Yourself:

- Do a prayer audit: When and how do you pray? Only when you're desperate? Only asking for things?

Pause to Pray: Use this simple PRAY framework, based on the Lord's Prayer:

P = Praise: *"God, You are..."*

R = Repent: *"Forgive me..."*

A = Ask: *"I need You..."*

Y = Yield: Be still and quiet. Listen for his voice...

Take a Next Step:

- Make time in your calendar to practice the PRAY framework at least 4 times over the next week.

Find your Chair tomorrow! Subscribe to an "I AM Jesus" reading plan on YouVersion. Set Grace Church as "my church" on the app or search "whoisgrace".

Find more resources at [whoisgrace.com/read](https://www.whoisgrace.com/read).

I AM JESUS: the Way and the Truth and the Life

DAY 1 THE WAY, TRUTH, LIFE

Scripture: [John 14:1-6](#)

Reflection:

Life is full of changes. Some creep up on us slowly, and others come in rapid succession. Moving, marriage, and career changes are considered among life's major stressors. Amidst the challenges, there are methods and people which can help us adapt. Like us, Jesus' followers faced major changes!

Though Jesus spoke with them beforehand, telling them not to be afraid and promising that He would not leave them, they weren't ready for what was coming. As Jesus was arrested, put on trial, and experienced the excruciating torture of death on a cross, some of his disciples chose self-defense, running away, hiding, lying, or denial. Fear drives us to desperate places! Did they hear Jesus' words of warning but not listen? Was this beyond their ability to understand? Were they just infants in faith at that point, having only followed Jesus for 3 years, or...? It is hard to know, yet we can take a lesson from what Jesus said, *"Do not let your hearts be troubled. You believe in God; believe also in Me"* (John 14:1, NIV). Jesus is telling all of us to trust in Him and His promises. Rely on the Truth, for He is who He says He is, and true life is found only in Him. Jesus will lead us where He wants us to go, for He loves and cares for us. And He will never leave us or forsake us. Such good news!

Ask Yourself:

- What troubles your heart? What changes or decisions are you facing?
- What comfort do you find in Jesus' words to you today?

Pause to Pray: *Jesus, You are the One who makes a Way, the One who provides clarity and truth during times of change and troubles, and the One who has given me the gift of life through Your death and resurrection. Because You are the Way and the Truth and the Life, I am home. Praise You, Lord! Amen.*

Take a Next Step: Spend some time in prayer today. Even though Jesus already knows your troubles, tell Him like you would a friend. Confess your fears, doubts, concerns and the Way, the Truth, and the Life to bring you wisdom, comfort, and rest.

Take a Next Step:

- Invite someone to join you in this reading plan!
- Consider making a "Truth" list in your journal, to which you will add a word or two about each I AM statement as you read and learn.

DAY 2 THE WAY

Scripture: John 14:6, 11; Isaiah 43:15-21; Psalm 119:105

Reflection:

The Old Testament consistently points to Jesus as the fulfillment of God's many promises. Let's reflect on Isaiah 43:15-21 and how it points to Jesus. Notice the reference to God's deliverance from Egypt-

remember that He parted the Red Sea in order to save his people: “...He who made a way through the sea, a path through the mighty waters... (Isaiah 43:16, NIV). And Isaiah points forward to the new Way in which God will save his people: “I am doing a new thing! ...I am making a way in the wilderness and streams in the wasteland” (Isaiah 43:19, NIV). And He does this for our good and His glory: “to give drink to my people, my chosen, the people I formed for Myself that they may proclaim My praise” (Isaiah 43:20-21).

John is even more direct: Jesus is the fulfillment of God’s promise for a new Way! Jesus clearly states: “I am the way and the truth and the life. No one comes to the Father except through me.... Believe me when I say that I am in the Father and the Father is in Me; or at least believe on the evidences of the works themselves” (John 14:6, 11).

As the OT Jewish people were removed from Egyptian slavery, so too God rescues us from a meaningless life by setting our feet on a path of purpose. He doesn’t stop there, He provides the means to walk down that path with the help of the Holy Spirit. He is the Way!

Ask Yourself:

- What does it mean to you that Jesus is the Way?
- What “wilderness” are you walking through? How are you following Jesus through it?
- What is your story? What wilderness have you been lost in? Where did Jesus show up? How have you grown as His follower?

Pause to Pray: *Jesus, You have made a Way for me to have new life and purpose even as I walk through hard times. I am so thankful that You are “a lamp for my feet, a light on my path” (Psalm 119:105). I want to follow your ways, and you alone. Thank you for the gift of guidance that is your Holy Spirit. Thank you for leading me through the wilderness of life. I praise You... Amen.*

Take a Next Step:

- Tell your story of how Jesus has led you through the wilderness. Write it, speak it, draw it. Share it with a friend!
- When a decision comes up this week, choose to follow the Way of Jesus. It may not be easy, but it is best!

DAY 3 THE TRUTH

Scripture: John 1:1-3, 14:6; 2 Timothy 3:16; Revelation 21:5

Reflection:

“Live your truth” is a popular saying these days. Yet Jesus claims He is The Truth- a bold statement! In fact, this is precisely why so many people did not and still cannot accept Christianity - because Jesus claims exclusively to be the Truth. He is either a crazy man or He is right. A.W. Tozer said, “What comes into our minds when we think about God is the most important thing about us.” We cannot avoid facing the truth.

In your search for Truth, consider the source. We all know that we cannot trust everything we read from Google, ChatGPT, or Instagram. We also can’t trust our feelings to tell us the truth. Feelings are the

momentary outpourings of happiness, fear, or pain. Emotions change from minute to minute, hour to hour, day to day. Truth, in contrast, does not change and thus exists beyond our feelings.

To be a disciple of Jesus is to believe that Jesus is who He says He is, to believe that He is the Way to salvation, and that all Truth is found in Him. How do we learn more about Him? How do we learn to follow Him? By reading the Word of God! Paul teaches us that it is *God-breathed*, meaning that God's Spirit inspired God's people to write down His words (2 Timothy 3:16, NIV). His Word is *trustworthy and true* (Revelation 21:5, NIV)

Ask Yourself:

- What are your sources of truth? How often are you seeking truth in the Bible and from trusted Christians?
- What does it mean for you that Jesus is The Truth?

Pause to Pray: *Jesus, You are the Truth. Your word is trustworthy and true. Help me to discern lies and seek truth in every situation... Thank You for Your written words which reveal the Truth to me. Amen.*

Take a Next Step: Choose one of John's truth statements about Jesus to meditate on for the next few days:

- Jesus is the Word (John 1:1, NIV)
- Jesus was with God in the beginning (John 1:2, NIV)
- Through Jesus, all things were made. (John 1:3, NIV)
- Jesus is the Door for the sheep and the Good Shepherd (John 10:1-18)
- Jesus is the Light of the World (John 9:5).
- Jesus is the True Vine (John 15:1).
- Jesus is the Bread of Life (John 6:35).
- Jesus is the Way, Truth, and Life (John 14:6).

DAY 4 THE LIFE

Scripture: John 1:12, 3:16-17, 14:6; 1 John 5:11-12

Reflection:

God was, is, and always will be. In the final chapter of Revelation, Jesus tells us, *"I am the Alpha and the Omega, the First and the Last, the Beginning and the End"* (Revelation 22:13, NIV). The eternal nature of God is sometimes difficult to comprehend, and even more difficult to understand is that his eternal life is available to us, *"dying, and yet we live on"* (2 Corinthians 6:9, NIV)! Jesus offers us abundant life now and forever (John 10:10), and makes it clear that this life is found only in Jesus. *"Whoever has the Son has life; whoever does not have the Son of God does not have life"* (1 John 5:12, NIV). How do we receive this gift of eternal life? Belief in Jesus as the Way, the Truth, and the Life.

"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." (John 3:16, NIV)

We're eagerly waiting for eternal life with Jesus, but how do we live right now? In a broken world, with broken bodies and temptations all around us, how do we live abundant lives? The New Testament

reveals a Christ-like way of living. From the Gospels, through Acts, and in every letter, God has given us wisdom for everyday life. Even more importantly, He has given us the Spirit of Christ!

Ask Yourself:

- What does Life in Christ mean for you today?
- How does the hope of eternal life help you live today?

Pause to Pray: *Jesus, You are Life, and in You alone will I find the abundant life that I was meant to live. Forgive me for trying to find the good life apart from You. Give me wisdom and discernment today as I make choices for my life. May your Spirit lead and guide me... May my life bring You glory! Amen.*

Take a Next Step:

- Choose one of the New Testament letters to read through. As you read, ask yourself, “what is God’s Word teaching me about living a Jesus life today?”

DAY 5 REJOICE!

Scripture: Romans 5:1-11

Reflection:

“Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoiced in hope of the glory of God.” (Romans 5:1-2, ESV).

So many scriptures and songs help us rejoice in God, rejoice in our Savior, rejoice in knowing that Jesus is the Way and the Truth and the Life:

Glory in His holy name; let the hearts of those who seek the LORD rejoice (1 Chronicles 16:10, NIV).

Rejoice in the Lord, I will say it again: Rejoice! (Philippians 4:4, NIV).

I will praise you, LORD, among the nations; I will sing of you among the peoples (Psalm 108:3, NIV).

Be glad in the LORD, and rejoice, O righteous, and shout for joy, all you upright in heart (Psalm 32:11, ESV).

Rejoice! Rejoice! Emmanuel shall come to thee, O Israel (Hymn: O Come, O Come Emmanuel).

Even when times are tough, our hearts can be glad. We can rejoice in the Lord who loves us and saves us:

You will be sorrowful, but your sorrow will turn into joy (John 16:20, ESV).

Rejoice in that day, and leap for joy, for behold our reward is great in heaven (Luke 6:23, ESV).

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid (John 14:27, NIV).

Ask Yourself:

- Am I able to rejoice with my mind and my heart? What is keeping me from rejoicing?
- Reflect on Jesus as the Way, the Truth, and the Life. How can you rejoice over who He is?

Pause to Pray: *Jesus, I am overwhelmed with joy by all You are and all You have done for me. You truly are the Great I AM. I rejoice in Your greatness and love. Thank You for saving me. Help me live and walk with you, the Way and the Truth, and the Life... Amen.*

Take a Next Step:

- Choose to listen to songs of rejoicing today! Start with an old hymn, “*Amazing Grace, how sweet a sound who saved a wretch like me...*” (John Newton).

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I AM JESUS: the Resurrection and the Life

DAY 1 FORESHADOWING

Scripture: Genesis 22:1-18; John 1:29, 11:25

Reflection:

When a rule or law is broken, a price must be paid, or compensation must be made. This applies to sin, which is always against God (Psalm 51:3-4). All people sin intentionally and unintentionally, and the Old Testament scriptures record how regular offerings and sacrifices were required as part of the Mosaic Covenant. These were designed to remind the people of God that sin was a serious matter and their disobedience had consequences.

Yet even before the Law was given to Moses, the story of Abraham foreshadows the story of Jesus Christ as the once-and-for-all sacrifice for our sins. In Genesis 22, God instructs Abraham to prepare his son, Isaac, to be an offering and Abraham obeys. Isaac questions his father, *“but where is the lamb for the burnt offering?”* to which Abraham replies in faith, *“my son, God will provide himself a lamb”* (Genesis 22:7-8, ESV). Abraham is an old man when this story takes place, and he has had a full life of experience with God. He knows that God is righteous and just, always providing a way when it seems impossible. As a result of Abraham’s obedience and faith, the Lord God provides a ram to be the sacrifice. Abraham calls the place, *“The Lord will provide”* (Genesis 22:14, ESV), a reminder to all of us that God has provided the perfect substitute, the perfect lamb, in Jesus Christ.

John the Baptizer proudly proclaimed, *“Behold the Lamb of God, which takes away the sins of the world”* (John 1:29, ESV). And Jesus reiterates, *“I am the resurrection and the life”* (John 11:25, NIV). Not only will He die for us, but He will rise, thereby making a way for our resurrection and eternal life. Praise Jesus!

Ask Yourself:

- Remember a time when a rule was broken, and you were in charge of administering the punishment. How did it make you feel to follow through on it?
- How do you feel knowing that Jesus received the punishment you deserved?

Pause to Pray: *Lord God, You are good and just in all you do. Thank you for making a way for my sins to be paid for! Thank You for Abraham’s story, for the reminder that even then your plan was to send Jesus as the sacrifice for our sins. You are my Provider. Jesus, You are my only hope for Life... Amen.*

Take a Next Step:

- When faced with an offense against you this week, choose to forgive and bless that person, not because they deserve it, but because of God’s great love for you and for them.

DAY 2 SUBSTITUTION

Scripture: John 11:25; Hebrews 10:12; Romans 10:9

Reflection:

What took place on the cross, just outside Jerusalem in Golgotha, on the day before the Passover, was like two very different sides of a coin, yet serving one purpose. Jesus was innocent of all wrong, yet

obediently and willingly gave himself as atonement for the sins of all people. Yet there is a second component, Almighty God, the Creator of Heaven and Earth, Just and Righteous, He who has no beginning nor end, permitted three incomprehensible events to occur:

- 1- God allowed his Son to become a man, suffering all that a human suffers physically and emotionally.
- 2- God abandoned Jesus to death, at the hands of sinful people, though He could have rescued him.
- 3- Jesus suffered and died for us and for our salvation.

Praise God, death did not have the final word! On the third day, Jesus defeated death by rising from the grave, and later, he ascended to be seated at the right hand of God the Father (John 20:17). Praise God, Jesus' act of obedience and sacrifice never needs to be repeated (Hebrews 10:12)! He is the once-for-all sacrifice for our sins. He is the resurrection and the life. Amen!

Through Christ, the forgiveness of sins is a free gift available to each person (John 3:16) under the New Covenant (Hebrews 9:15). As with any gift, we need only accept it to receive the blessing of life in Christ.

Ask Yourself:

- Have someone else ever had to suffer the consequences for what you did? Have you ever suffered the consequences for what someone else did? How did that feel?
- What does it mean to you that Jesus died for your sins?
- What does it mean for you that Jesus is the Resurrection and the Life?

Pause to Pray: *Lord, You have rescued me from myself, You have forgiven my sins, and You have restored me to a right relationship with You. Praise You! I want to walk in obedience to You and in gratitude, I will praise You all the days of my life... Amen.*

Take a Next Step:

- Invite someone to join you in this reading plan!
- Consider making a "Truth" list in your journal, to which you will add a word or two about each I AM statement as you read and learn.

DAY 3 HE IS RISEN!

Scripture: John 11:1-44; John 11:25; 1 Corinthians 15:1-5

Reflection:

In John's gospel, there are seven "I AM" statements, and there are also seven "signs"- miracles that give evidence that Jesus is the Messiah. Raising Lazarus is the seventh sign, and it foreshadows Jesus' own death and resurrection. Yet, this wasn't merely one more stop on Jesus' road to the cross. This was personal. Lazarus, Mary, and Martha were His friends. Imagine yourself at the scene, put yourself in the sisters' shoes. What do you feel? Remarkably, Jesus knows what He is about to do for Lazarus, and yet, He weeps. Jesus feels the deep sorrow of loss. And He knows that will be what His disciples feel as He hangs on the cross. But here, while He still walks among them, He demonstrates in the most awesome of ways that death is not and will not be the end.

From the first chapter of Acts, as Jesus ascends to heaven, we see the Church proclaim the life, death, and resurrection of Christ. Paul writes,

Now, brothers and sisters, I want to remind you of the gospel I preached to you, which you received and on which you have taken your stand. By this gospel you are saved, if you hold firmly to the word I preached to you. Otherwise, you have believed in vain. For what I received I passed on to you as of first importance: that Christ died for our sins according to the Scriptures, that he was buried, that he was raised on the third day according to the Scriptures, and that he appeared to Cephas, and then to the Twelve. (1 Corinthians 15:1-5, NIV).

To this day, the Church recites the Apostles' Creed:

I believe in God, the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit
and born of the virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to hell.
The third day he rose again from the dead.
He ascended to heaven
and is seated at the right hand of God the Father almighty.
From there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Jesus Christ is the Resurrection and the Life. He is risen! He is risen, indeed!

Ask Yourself:

- What do you think Mary and Martha learned on this day and how do you think that shaped their perspective as Jesus was put in the grave?
- Return to verse 25 and read it out loud several times. How does the truth of Jesus' words cut through the hard things of this life and raise you to hope, to life?

Pause to Pray:

Begin: *Jesus, You raise me...*

Conclude: *Because You are the Resurrection and the Life, I am truly alive. Amen.*

Take a Next Step:

- Make a commitment to gather with the local church, the body of the risen Christ, to celebrate and rejoice that He is the resurrection and the life!
- Subscribe to another "I AM Jesus" reading plan from [whoisgrace](http://whoisgrace.com) and find your chair tomorrow!

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