

# PRACTICING THE LORD'S PRAYER TOOL

**PRAYER:** *Our Father in heaven, hallowed be your name.*

**DECLARATION:** You are my loving **FATHER**, and I am your **CHILD**

**PRAYER POSTURE:** **Relational**

**REFLECTION:** If you truly saw God as your loving and intimate father, what needs or cares would you bring to Him? Do that right now.

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**PRAYER:** *Your kingdom come, your will be done, on earth as it is in heaven.*

**DECLARATION:** You are my rightful **RULER**, and I am your **SERVANT**

**PRAYER POSTURE:** **Responsive**

**REFLECTION:** You are a servant of God's kingdom in every aspect of your life, at home, at work, at school, at play. Ask God how you can serve him this week in each of these arenas. Listen for his guidance and write it down.

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**PRAYER:** *Give us this day our daily bread, and forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation but deliver us from evil.*

**DECLARATION:** You are my generous **PROVIDER**, and I am **DEPENDENT** upon you

**PRAYER POSTURE:** **Repentant**

**REFLECTION:** You are dependent on God for everything, your physical needs, your relational needs, and spiritual needs. Confess to God your tendency toward self-reliance and reaffirm your need for His provision. Then bring any pressing needs to your generous provider in prayer.

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