

Find Your Chair

WHAT IS GOD SAYING TO ME?

WHAT AM I GOING TO DO ABOUT IT?

WHEN _____

WHAT _____

WHERE _____

WHO _____

“Your Chair” is the place where you meet with God every day in His Word.

Jesus often withdrew to lonely places and prayed. - Luke 5:16

WHEN

When will you spend time with God? It's best to do it at the same time every day. And give God your best time. If you're a morning person meet Him in the morning. If you're an evening person meet him in the evening. If you have your best time and energy mid-day, spend time with Him during your lunch break.

WHERE

Where is your chair? Maybe it's in your family room before anyone else is awake. Maybe your back room with a view of the yard. Maybe in your office at work during a regular work break. Maybe the front seat of your pickup truck 30 minutes before the rest of the crew arrives.

WHAT

What you do during your chair time is up to you. Try to make it simple, enjoyable, repeatable. Make sure you have your bible and something to take notes with. At bare minimum have a reading plan and a prayer plan. We are committed to providing regular resources at www.whoisgrace.com/read to give shape to your chair time. You can find other reading plans on the YouVersion App, or use your own method of engaging God's word and prayer. Add to your chair time experience by bringing your favorite beverage, lighting a candle, or cuing up your favorite worship playlist.

WHO

Who will walk this journey with you? Who will hold you accountable? YouVersion has the ability to do reading plans with other people, or just text a friend each day one of the learnings from your chair. Personal accountability increases your odds of completing a goal by 95%.

ASK AND ANSWER TWO QUESTIONS

What is God saying to me? Summarize in your own words what the Holy Spirit has prompted in you, either from your reading of the bible or by listening for His voice.

What am I going to do about it? It doesn't need to be elaborate but put into words how you believe God wants you to respond to what He revealed to you during your chair time.