



## LIFE IN THE SPIRIT: No Condemnation

Pastor Derek  
March 5, 2023

### Life Group Discussion

#### Encouragement:

- What do you know about the Holy Spirit? (what did you learn/not learn growing up? How have you experienced the Spirit in your life as a Christian?)
- What do you want to gain from this sermon series?

#### Scripture:

READ [Romans 8:1-39](#) all the way through. Ask everyone to listen for repeated words and phrases, and to listen for anything that stands out to them.

- What was familiar to you in this chapter? What was something you heard for the first time?
- How would you describe the theme of the chapter based on repeated words and phrases?

READ [Romans 8:1-2](#) in multiple translations (the YouVersion and Bible Hub apps make this easy!)

- If Romans 7 is all about fighting sin and failing (read [7:15](#)), what is the good news of these first two verses in chapter 8?
- Pastor Derek says that we are “doubly free.” What are we freed from? [condemnation; sin & death]
- What does this freedom mean for you in day-to-day life? What does it mean for you eternally?

**Prayer:** Alternate reading Romans 8:1-2 with prayers of praise, confession, thanksgiving and supplication (asking for what you need). Altogether, you will read the passage 4 times, each reading followed by specific prayers. Encourage the group to pray out loud or to write their prayers down.

#### Next Steps:

- To get the most out of this series, set Grace as “My Church” in YouVersion and follow the Featured reading plan every week.
- Let’s work together to memorize Romans 8:18-39! We’re starting with verses 18-22. The journals they’re giving out for the series have memorization tips and there are several suggested apps too. Let’s brainstorm a plan so we can all be successful!